## Plant Profile

## Name: Cranberry Hibiscus



Notes: Leaves and flowers are edible.
Leaves can be eaten raw in salads or cooked in stir-fries. Flavor is tart. Flowers can be steeped to make tea.

Nutrition: contains antioxidants, calcium, iron and vitamins B2, B3 and C. *
*source:
https://www.gardeningknowhow.com/ornamental/flowers/ hibiscus/

When to Plant: Spring when soil is above $75^{\circ}$

## Common Name: Cranberry Hibiscus

Alternate Names: African rose mallow, false roselle, maroon mallow, red-leaved hibiscus
Botanical Name: hibiscus acetosella

Physical Description: Perennial shrub with deep purple (burgundy) foliage and stems. Leaves have serrated edges and look similar to Japanese Maple. Dark cranberry-colored blossoms appear in late fall and winter. Easily grows $4^{\prime}-6^{\prime}$ tall.

## $\square$ Annual $\square$ Biennial $\boxtimes P e r e n n i a l$

 Propagation: $\boxtimes$ Seed $\boxtimes$ Cutting $\square$ GraftOther: Seedlings can be transplanted. Cuttings can be sprouted in water or soil.

- Soil: rich, well-draining soil, PH: 6.1-6.5
- Water: keep moist, but not wet
- Sun: full sun to partial shade
- Zone/Temp: Zone 9-10
- Spacing: $3^{\prime}-6^{\prime}$

Germination: 3-5 days at $75^{\circ}-85^{\circ}$
Growing Season: Perennial in zones 9-10, annual in colder climates. Frost-sensitive.
Days to Harvest: Year-round for leaves. Blossoms in fall and winter.
Care: trim, Prune, other: prune often to encourage bushiness, and keep a pleasing shape. Does not like "wet feet." Leaves will drop if soil dries out.

Nutrients/Fertilizer: Hardy in almost any soil. Fertilize with a general garden fertilizer monthly to bi-monthly if needed.

Pests \& Diseases: Mostly pest and disease resistant. This variety of hibiscus is more resistant to root-knot nematodes.

Companion Plants: Plant near others that like similar soil conditions and do not block the sun.

