

Apple Pie Simmer Pot Recipe



One of my favorite fragrances of fall and winter is the smell of fresh-baked apple pie. It's "as easy as pie" to recreate using an apple and a few ingredients from your spice cabinet.

Recipe:

- 1 apple cut into 6-8 chunky pieces
- 2 6-inch cinnamon sticks
- ½ tsp. whole cloves
- 2-3-star anise
- A pinch of ground nutmeg

Combine your ingredients in a small slow cooker and fill 2/3 full with room-temperature water. Let simmer on Low for 4-6 hours. Top off the water as needed as it evaporates.

When you're finished with your simmering ingredients just toss them into your compost.

