



Sweet Potato Slip Starting Guide



Sprout your own sweet potatoes ste-by-step with this easy guide!



Prep: Gather Your Supplies

- Organic sweet potato
- Wooden picks (toothpicks or bamboo skewers)
- Glass jar or container
- Sunny windowsill or grow light
- Optional: Seed-starting heat mat



Grow: Start the Sprouting

1. Choose a healthy sweet potato.
2. Insert wooden picks around the middle to hold it halfway in a jar of water.
3. Place the root end in the water, sprouting end facing up.
4. Set in a sunny, warm spot — use a heat mat if needed.
5. Keep the water clean and topped off.
6. Watch for slips (sprouts) to grow from the top!



Root: Grow Strong Slips

7. Once slips have several leaves, gently cut them from the potato.
8. Pinch off all but the top 3-4 leaves.
9. Place each slip in a jar of clean water.
10. Allow strong roots to form.
11. When roots are well developed, your slips are ready to plant!



Quick Tip:

Before you start, check the sweet potato carefully. The root end is usually more tapered, while the sprouting end is rounded with tiny "eyes."

